



EROTIC INNOCENCE

A 4-DAY IMMERSIVE WOMEN'S RETREAT
SEPTEMBER 11TH-14TH 2026
SUNSHINE COAST

A return to what was never broken.

EROTIC INNOCENCE

A 4-Day Immersive Retreat for Women

September 11th—14th 2026

Ilkley, Sunshine Coast

A return to what was never broken.

Erotic Innocence is a sacred retreat for women ready to release shame, reclaim safety in their bodies, and remember pleasure as a birthright.

This is for the woman in her season of unbecoming.

The woman who carries earth medicine.

The woman no longer willing to live starved

— of sensation, softness and truth.

Here, erotic energy is not performance.

It is presence.

It is life force remembered.

THE JOURNEY

Over four days we move through the Seasons of Womanhood and Sacred Sexuality, guided by trauma-aware, consent-led, embodied practice.

You will be guided through:

- Womb work & pelvic listening
- Embodiment & nervous system safety
- Tantric shibari (consensual + reverent)
- Temple arts & Sacre Sexuality rituals
- Self-pleasure & yoni love practices
- Yoga, breath & somatic movement

All practices are invitational, sovereign, and deeply held.

THE SPACE

Our private day temple is The Ilkley Haven — nestled amongst forest, ferns and gum trees — where our most intimate sessions and rituals unfold.

Accommodation is European-style luxury, including:

- Beautiful shared rooms, individual beds, loft + Queen
- Sauna & pool
- Fully catered, nourishing meals

Every detail is curated to support softness, safety and integration.

WHO THIS IS FOR

For women who are ready to reclaim pleasure without shame, deepen intimacy with self, and honour their bodies as sacred.

No prior experience required —
only willingness and devotion to your own reclamation.

INVESTMENT

✨ Early Bird until May: \$2,100 AUD

Shared Rooms \$2,400 AUD

Shared Loft \$2,200

Shared Queen for Besties \$2,100

Monthly & fortnightly payment plans available.
Includes accommodation, all meals and all retreat practices.

YOUR INVITATION

This is not a retreat you attend.

It is a threshold you cross.

If your body feels the yes — trust it.

✨ Apply via Email - wholistic.erin@gmail.com

Limited spaces to preserve the intimacy of the container.